



For Immediate Release  
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Chattahoochee Nature Center  
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## **The Chattahoochee Nature Center is “Not Just Your Kids’ Nature Center Anymore!”**

**[Roswell]** “We resolve to support healthier lifestyles, by helping our community connect to nature and each other”, stated Ann Bergstrom, Executive Director. “CNC is not just your kids’ nature center.” “We’ll kick off the New Year with expanded programs for adults of all ages and continue the programs that everyone enjoys.” Our new hours are 10am to 5pm Monday through Saturday and Noon to 5pm on Sunday.

Rachel Barton, Museum Curator said, “Visit the Discovery Center in January to experience a place where **“Nature Comes Alive”** even in winter”. “With Steven Tanner’s photography on display, the Nature Journaling workshop, interesting nature films, concerts and of course our Nature Exchange, our Discovery Center is a place where adults and visitors of all ages can connect and enjoy themselves.” She explained, “Gain a fresh perspective as you see the serenity of winter, during a brisk hike in the woods or gather with new friends while socializing at our new Nature Supper Club.” You’ll find these and many other programs offered in January at [www.chattnaturecenter.org](http://www.chattnaturecenter.org).

### **Laughing Matters Saturday, January 8 1:00 PM**

Laughing Matters’ improvisation will tickle your funny bone as you share and take part in the unscripted, unexpected and hilarious results. Laughing Matters are one of CNC’s favorite performances and all ages will enjoy their show that will be included with general admission. General Admission is \$8 for adults, \$6 for seniors and \$5 for children 3-12. Members are admitted free with membership card.

### **I Resolve to Live a Healthier Lifestyle With Ken Leebow, author of Feed Your Head Saturday, January 8 11:00 AM**

#### **Cowie Weiss Theater**

We all want to be healthier! Start the New Year off on the right foot. Ken Leebow, professional speaker and author of *Feed Your Head*, discusses diet, health, lifestyle issues and the American food system. In his entertaining hour long presentation, he discusses a simple and jargon-free way to lose weight and lead a healthier lifestyle. Whether you’re trying to lose weight or just want a better understanding of the American food system, stop by to meet him. You can learn more at [Leebow.com](http://Leebow.com). He will have his books available to sign and will donate a portion of the proceeds to the Chattahoochee Nature Center. This event is included with general admission, which is \$8 for adults and \$6 for seniors, Members are admitted free with membership card.

### **“Nature’s Mirror Image”**

#### **Photography Exhibit Featuring Steven Tanner’s Unique Works in the Discovery Center from Friday, January 14 - Wednesday, February 16**

Recapture the feeling of lush summer days in this imaginative photography exhibition. Tanner captures and transforms natural spaces, creating worlds that are both familiar and surreal.



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***Transforming Nature Journaling Workshop***

**Monday, January 17**

**1:00 – 3:00 PM**

Capture nature in words and images during this introduction to Nature Journaling. A companion workshop to the “Nature’s Mirror Image” exhibition, participants will learn how to view natural spaces in ways they have never before imagined. Participants should pre-register and provide their own journaling materials. Pre Register at [scheduling@chattnaturecenter.org](mailto:scheduling@chattnaturecenter.org) or call (770) 992-2055 ext. 237. Ages 12 – Adult. Admission, \$15 non-members, \$10 for CNC members.

**Naturalist Social Club at the Chattahoochee Nature Center**

**Thursday January 27**

**7:00 – 9:00 PM**

Connect and socialize with like minded people by joining our monthly Dine & Discover potluck supper club. “You’ll have the chance to learn about a different topic each month from an expert in the field, Amy Bram says. “In January we’ll talk about “seeds, seedlings and transplants, then visit the green house for a special ‘lettuce tasting’ from our community garden.” A new topic will be covered monthly, ranging from ecology to botany or issues focused on the natural world. Bring a dish to share. Pre-registration is recommended. To register visit our website at [www.chattnaturecenter.com](http://www.chattnaturecenter.com) and click on Adult Programs or call us at 770-992-2055 ext. 222. Docents & Master Naturalist Graduates FREE / \$5 CNC Members / \$10 non-members (for ages 16 and above).

**Look ahead for music to cheer the winter nights when the Six Strings Social Club Presents Ed Gerhard in an Exclusive One Night Acoustic Guitar Concert**

**Saturday, February 5**

**(6pm and 8:30pm)**

The intimate and comfortable venue in the Cowie Weiss Theater at the Chattahoochee Nature Center at 9135 Willeo Road in Roswell becomes a listening room for this exclusive presentation. This makes a perfect date night or girl’s night out, wine is included. Shows at 6:00 pm and 8:30 PM, tickets are \$30 available in advance and \$35 at the door. Seats are limited, so book in advance from [www.sixstringsocialclub.com](http://www.sixstringsocialclub.com).

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